



GET CONNECTED

For more information about the
Healthy Families Brevard Program,
please contact

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Sponsored by Ounce of Prevention Fund
of Florida and the State of Florida,
Department of Children and Families

Changing Lives and Strengthening Communities

A Community Service of
United Way of Brevard

**1100 Rockledge Blvd, Suite 300
Rockledge, FL 32955**

321.631.2740 | UWBrevard.org

HELPING FAMILIES



A Community
Service of



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**This time in your life
requires a lot of changes...**

pre-baby safety prep, getting
used to the new routine after
the baby arrives and additional
healthcare needs for the child(ren).
It's okay to ask for help.



We are a free and voluntary home
visiting program for families that
are expecting or just had a baby.

It is through in-home visitation by
a trained Family Support Worker
(FSW) that parents learn to build
the positive relationships with
their children that last a lifetime.

With our curriculum, Growing Great
Kids, participants learn how to
enhance their problem solving skills
and ensure that their child receives
the best possible care during those
critical developmental years.



- Parents receive useful information on child health and development.
- Healthy Families Brevard provides helpful information on parenting.

100%
of families enrolled would
recommend Healthy Families
Brevard to others.

“My Family Support Worker has helped me
to understand the milestones of my child
and how to help him be smarter.”

HOW YOUR FAMILY SUPPORT WORKER CAN HELP.

- Someone who can answer questions about your pregnancy or child
 - A mentor or coach who cares about and respects you
 - A cheerleader who believes in you and supports your dreams for your family
 - A resource for supportive community services
 - A nonjudgmental teacher who can support and strengthen your parenting skills
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Program Benefits

- Teach you to manage your finances
 - Help you become self-sufficient
 - Learn more about community services
 - Increase your confidence in parenting
 - Promote and encourage education
 - Build your self-esteem
 - Reduce your stress
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**PREPARING
SAVES YOU TIME
AND ENERGY.**

